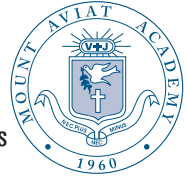


# 9th Annual MAA 5K / SISTER WALK ~ Sunday April 7, 2019

**Race Time:** 9:15 a.m. (registration opens at 7:45 a.m.) Mass will be celebrated in Holy Family Hall at 8:00 a.m.  
**Location:** Vicinity of Mount Aviat Academy  
**Benefits:** Mount Aviat Academy  
**Course:** Timed by Fuel 3 Sports  
**Amenities:** T-shirts (**Only guaranteed for pre-registered participants by 3/18/19**) and refreshments  
**Awards:** Trophies to overall male and female winners. Medals to top three  
(male and female): under 6, 7–10, 11–14, 15–19, ten year age groups 20–69, 70+  
**Entry Fee:** **\$20** pre-registration (**through March 18, 2019**) **\$22** on race day  
**MAA Pre-Registration Family Rate:** **\$50** includes registration for all family members and up to **4 T-shirts** (\$6 for additional shirts)  
**Entry Info:** Make checks payable to Mount Aviat Academy  
**Contact:** 831-233-1467 or janietrumbull@gmail.com  
**Mail Entry To:** Mount Aviat Academy, 399 Childs Road, Childs, MD 21916 : Attn: 5K RUN



**Notice: No baby strollers are allowed in the run portion of this event. You may walk baby strollers.  
No dogs are allowed due to insurance liability.**

**5K Registration Form** (For MAA family registration, please complete family form available at [MountAviat.org](http://MountAviat.org))

Name: \_\_\_\_\_ Age (Day of Race): \_\_\_\_\_ Sex: M F 5K \_\_\_\_\_ SISTER WALK \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Telephone: \_\_\_\_\_ T-SHIRT SIZE: YS YM YL S M L XL XXL (Circle one)  
EMAIL: \_\_\_\_\_ SIGNATURE: \_\_\_\_\_

(Parents signature if under 18 years old)

In consideration of this entry being accepted, I, intending to be legally bound hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, representatives, successors and assigns for any and all injuries suffered by me at this race.

Please discourage unofficial entrants (bandits) from competing in our races. Bandits consume scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs, strollers, rollerblades, bicycles and the wearing of headphones are prohibited on the race course at any time to ensure runners' safety and to comply with liability insurance standards.

**NO REFUNDS—THE RACE DIRECTOR RESERVES THE RIGHT TO REJECT ANY ENTRY**